

Families on the Edge – Mother's Day Enjoy the Journey

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Matthew 7:24-27

24 "Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. 25 Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock.

"Don't hurry. Don't worry. And be sure to smell the flowers along the way." by Walter Hagen 1950's. **"stop and smell the roses."**

Proverbs 17:22

A cheerful heart is good medicine, but a broken spirit saps a person's strength.

Mary at Jesus Feet

Luke 10:38-42

³⁸ As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. ³⁹ Her sister, Mary, sat at the Lord's feet, listening to what he taught. ⁴⁰ But Martha was **distracted** by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it **seem unfair** to you that my sister just sits here while I do all the work? Tell her to come and help me." ⁴¹ But the Lord said to her, "My dear Martha, you are **worried** and **upset** over all these **details!** ⁴² There is **only one thing** worth being concerned about. Mary has **discovered it**, and it will not be **taken away** from her."

Distracted: Being dragged around by life's circumstances.

"Worry does not empty tomorrow of its sorrow, it empties today of its strength" Corrie Ten Boom

One Thing – Don't miss the **One Thing**,

Discovered It –

Taken away –

How do we do this in a busy distracted lifestyle? "Spiritual Warfare"

James 4:7-8

⁷ So **humble yourselves** before God. **Resist the devil**, and he will flee from you. ⁸ **Come close to God**, and God will come close to you. **Wash your hands**, you sinners; **purify your hearts**, for your loyalty is **divided between** God and the world.

1 John 1:7

⁷ But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin.

Lesson to Learn from Mary

1. Resisting Distractions:
2. Seeking Relationship over Busyness:
3. Choosing the "One Thing":
4. Humility and Teachability:

Challenge:

- Resist the distractions of this world.
- Actively engage in His Word,
- Prioritize our relationship with God,
- Humbled yourself at the Lord's feet and receive instruction from His Word.

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